



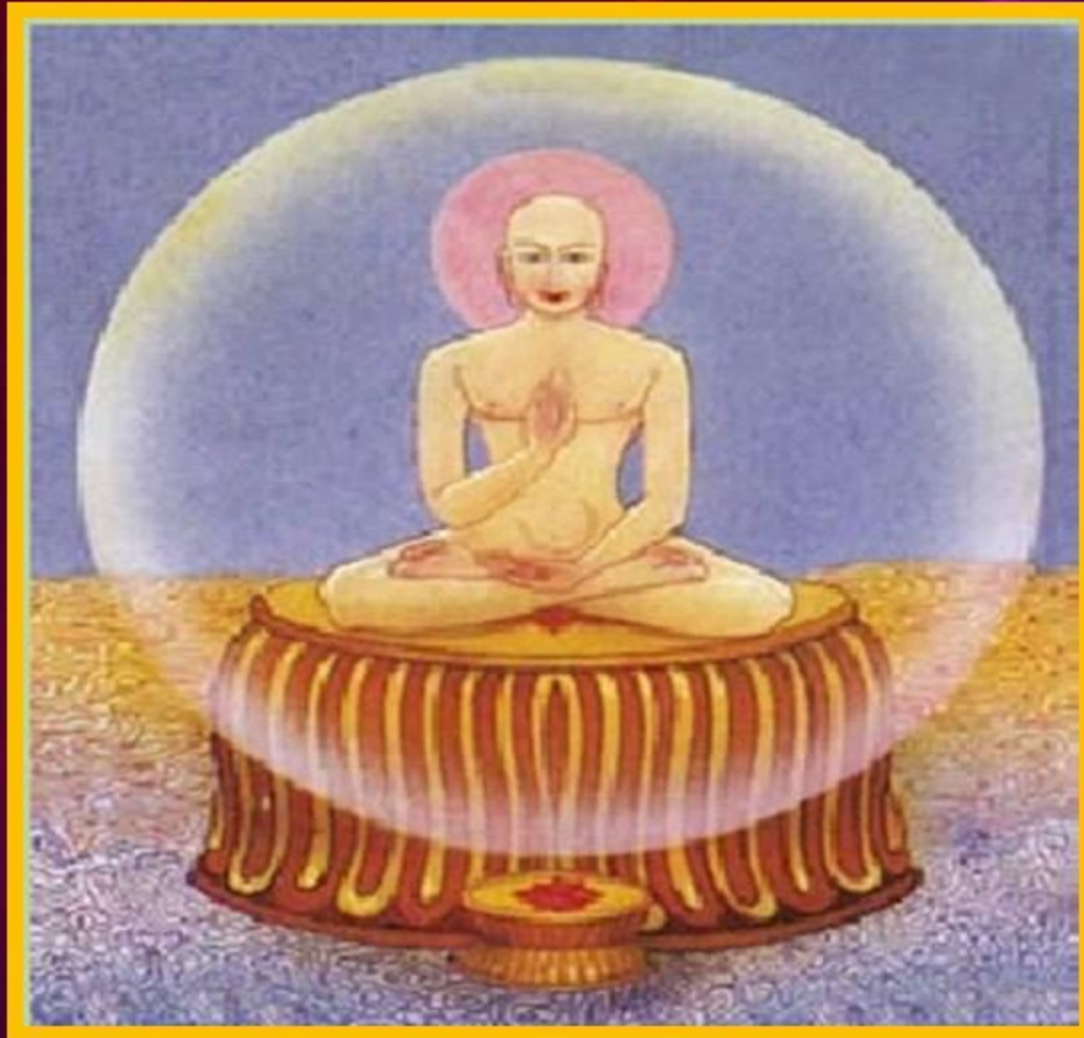
“ Shree Navkar Mantra ”

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नमो अरिहंताणं ।	namo arihantānam
नमो सिद्धाणं ।	namo siddhānam
नमो आयरियाणं ।	namo āyariyānam
नमो उवज्झायाणं ।	namo uvajjhāyānam
नमो लोए सव्वसाहूणं ।	namo loe savvasāhūnam
एसो पंच नमुक्कारो ।	eso pancha namukkāro
सव्वपावप्पणासणो ।	savvapāvappanāsano
मंगलाणं च सव्वेसिं	mangalānam cha savvesim
पढमं हवइ मंगलं ॥	padhamam havai mangalam

Namo arihantanam | |



Arihant: 12 Virtues

Namo arihantanam ||



Obeisance to the Worthy souls.
I bow to Arihantas (Tirthankars),
the Liberated human souls,
--who have reached enlightenment by
overcoming their inner weaknesses,
--who have attained infinite knowledge,
perception, bliss, and energy.

-
-Who have given us the path of Liberation,
which brings an end to the
cycle of birth, life, death and suffering.

Namo siddhanam ||



Siddha: 8 Virtues

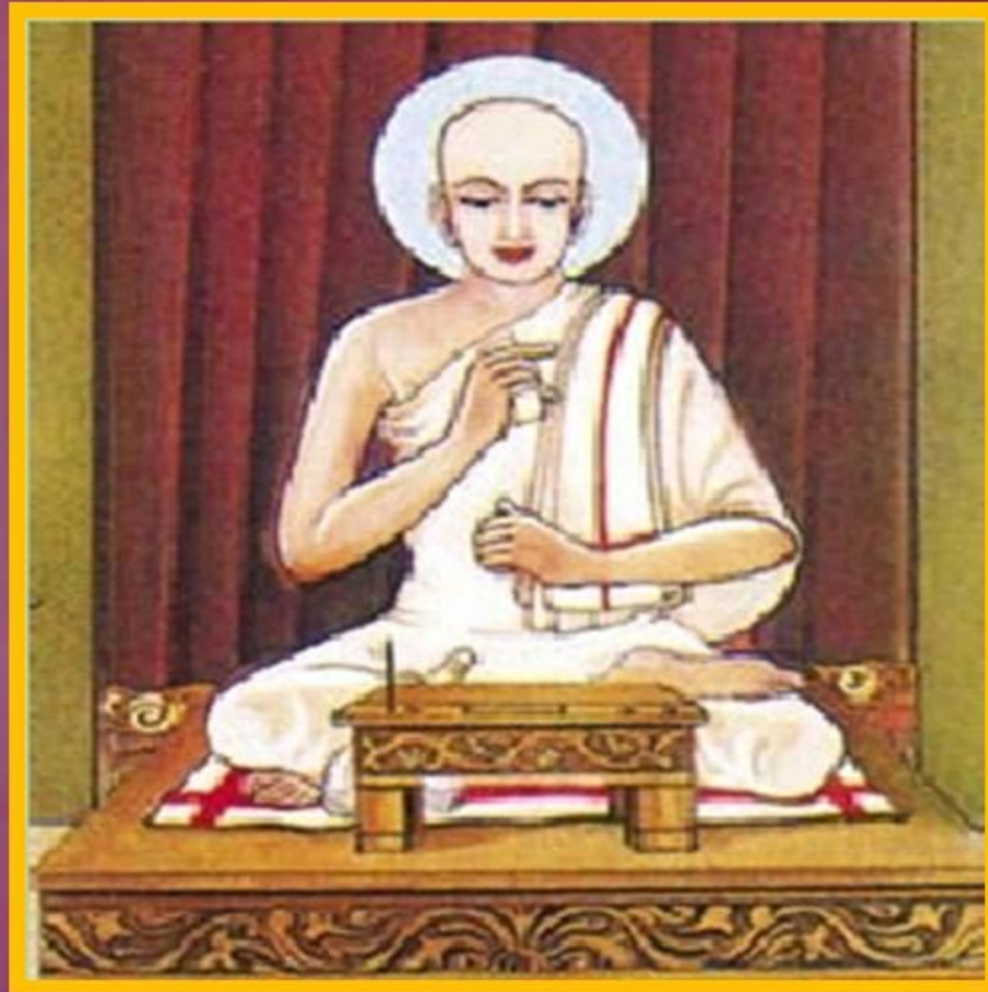


Namo siddhanam ||

Obeisance to the Liberated souls.

I bow to Siddhas, the liberated souls, who have attained the state of Liberation and immortality by eradicating all karma.

Namo ayariyanam //



Aacharya: 36 Virtues

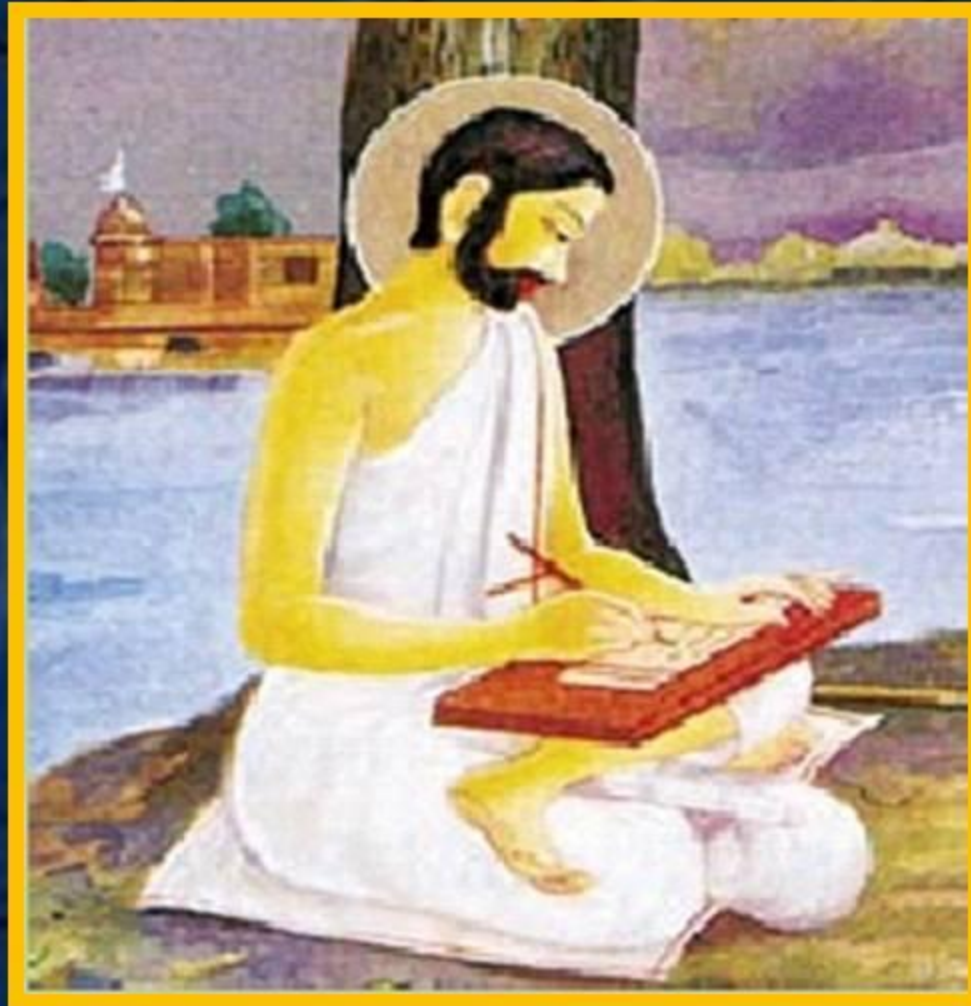


Namo ayariyanam //

Obeisance to the Preceptors
(Spiritual masters and guides).

I bow to Ächäryas, who are the head
of Jain congregation
and preach the principles of religion and
teach us the path of liberation,
which is the unity of
Right Faith, Right Knowledge, and Right Conduct.

Namo uvajjhayanam //



Upadhyaya: 25 Virtues



Namo uvajjhayanam //

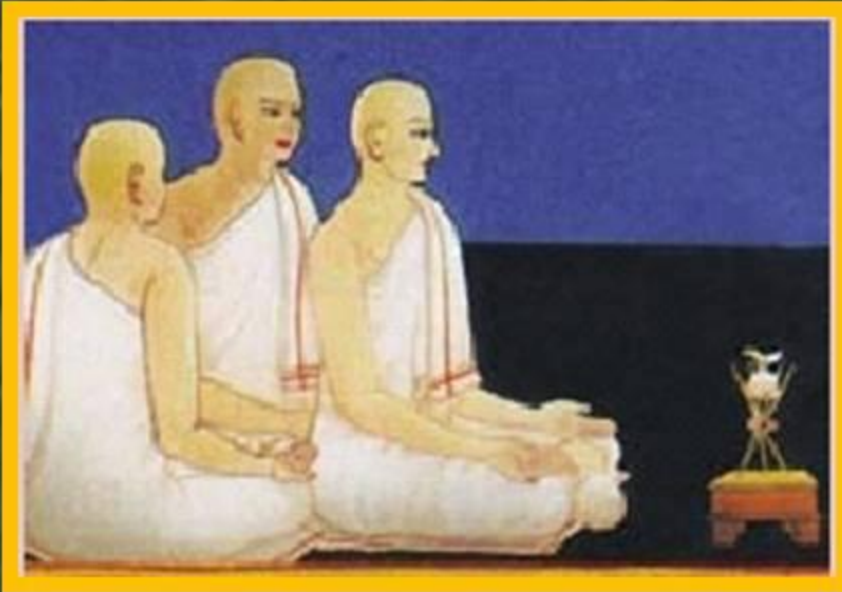
Obeisance to the Spiritual Teachers.

I bow to Upādhyäys who are the ascetic teachers.

**They explain Jain scriptures and
show us the importance of a
spiritual life over a material life.**



Namo loe savvashunam //



Saadhu-Saadhvi: 27 Virtues



Namo loe savvashunam //

Obeisance to all the Saints inthe world.

I bow to all Sādhus and Sādhvis
who strictly follow the five great vows of conduct
and inspire us to live a simple life.



*Eso pancanamokkaro, savvapavappanasano
Mangalam cha savvesim, padhamam havai mangalam //*

**This five-fold obeisance is destructive of all sins and is the
foremost amongst all the auspicious.**

To these five types of great souls, I offer my praise.

**Such praise will help diminish my negative vibrations and sins.
Offering this praise is most auspicious of all benedictions.**



Arihanta means pure soul with body - has 12 virtues

- Siddhas are liberated souls - 8 virtues**
- Acharyas are leader of the monks - 36 virtues**
- Upadhyayas teach jain scriptures - 25 virtues**
- Monks and nuns - 27 virtues**

- There are 108 beads in mala (Rosary)**
- Which is total virtues of five supreme beings.**



A (Arihant) + **A** (Ashariri-Siddha) + **AA** (Aacharya) + **U** (Upadhaya) + **M** (Muni)

Ashariri = Without Body

= A + A + AA + U + M = A..U..M

The First Alphabets of five supreme souls makes the word AUM or OM



Shree Navkar Mantra is also Known as “ Namokar Mantra”.

It is one of the most important hymn
for the people practicing Jainism.

It is the respect to five supreme beings.

Namely, Arihanta, Siddha, Acharya, Upadhdhyay, and Sadhus.
Collectively, they are called five supreme beings (Panch Parmesthi).

So This mantra is also called “ PanchParmesthi Namskar”
or simply “Namskar Mantra”.



This Mantra or Prayer can be recited at any time.
we do not specifically pray to any person.

We pray to supreme virtues.

We do not ask anything in return.

It reminds us that we have to become like the five supreme beings.



In this mantra we worship virtues rather than worshipping any one particular person; therefore, this Mantra is not named after any individual.

In this sense, It is “Universal Prayer”.



Apologies.

Any flaws found with the writings in any ways are because of the shortcomings of the presenter of this show.

We deeply regret, if any statement is not in accordance with Jain Darshan.

We regret and deeply apologize for any of our act by which we may have offended any soul knowingly or unknowingly.

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