

RELIGION AND THOUGHTS

WHY TO VISIT TEMPLES?

Scientific Reason :

There are thousands of temples all over India in different size, shape and locations but not all of them are considered to be built the Vedic way. Generally, a temple should be located at a place where earth's magnetic wave path passes through densely. It can be in the outskirts of a town/village or city, or in middle of the dwelling place, or on a hilltop. The essence of visiting a temple is discussed here.

Now, these temples are located strategically at a place where the positive energy is abundantly available from the magnetic and electric wave distributions of north/south pole thrust. The main idol is placed in the core center of the temple, known as "***Garbhagriha***" or "***Moolasthanam***". In fact, the temple structure is built after the idol has been placed. This "***Moolasthanam***" is where earth's magnetic waves are found to be maximum.

We know that there are some copper plates, inscribed with Vedic scripts, buried beneath the Main Idol. What are they really? No, they are not God's / priests' flash cards when they forget the "***shlokas***". The copper plate absorbs earth's magnetic waves and radiates it to the surroundings. Thus a person regularly visiting a temple and walking clockwise around the Main Idol receives the beamed magnetic waves and his body absorbs it. This is a very slow process and a regular visit will let him absorb more of this positive energy. Scientifically, it is the positive energy that we all require to have a healthy life.

Further, the Sanctum is closed on three sides. This increases the effect of all energies. The lamp that is lit radiates heat energy and also provides light inside the sanctum to the priests or "***poojaris***" performing the pooja.

The ringing of the bells and the chanting of prayers takes a worshipper in to trance, thus not letting his mind waver. When done in groups, this helps people forget personal problems for a while and relieve their stress. The fragrance from the flowers, the burning of camphor give out the chemical energy further aiding in a different good aura. The effect of all these energies is supplemented by the positive energy from the idol, the copper plates and utensils in the "***Moolasthanam / *Garbagraham***". "***Theertham***", the holy" water used during the pooja to wash the idol is not plain water cleaning the dust off an idol. It is a concoction of Cardamom, "***Karpura***" (Benzoin), saffron / saffron, "***Tulsi***" (Holy Basil), Clove, etc... Washing the idol is to charge the water with the magnetic radiations thus increasing its medicinal values. Three spoons of this holy water is distributed to devotees. Again, this water is mainly a source of magneto-therapy. Besides, the clove essence protects one from tooth decay, the saffron & "***Tulsi***" leaves protects one from common cold and cough, cardamom and "***Pachha Karpuram***" (benzoin), act as mouth fresheners. It is proved that "***Theertham***" is a very good blood purifier, as it is highly energized. Hence it is given as "***prasadam***" to the devotees. This way, one can claim to remain healthy by regularly visiting the Temples.

This is why our elders used to suggest us to offer prayers at the temple so that you will be cured of many ailments. They were not always superstitious. Yes, in a few cases they did go overboard when due to ignorance they hoped many serious diseases could be cured at

temples by deities. When people go to a temple for the *Deepaaraadhana*, and when the doors open up, the positive energy gushes out onto the persons who are there. The water that is sprinkled onto the assemblages passes on the energy to all. This also explains why men are not allowed to wear shirts at a few temples and women are requested to wear more ornaments during temple visits. It is through these jewels (metal) that positive energy is absorbed by the women. Also, it is a practice to leave newly purchased jewels at an idol's feet and then wear them with the idol's blessings. This act is now justified after reading this article. This act of "seeking divine blessings" before using any new article, like books or pens or automobiles may have stemmed from this through mere observation.

Energy lost in a day's work is regained through a temple visit and one is refreshed slightly. The positive energy that is spread out in the entire temple and especially around where the main idol is placed, are simply absorbed by one's body and mind. Did you know, every Vaishnava (Vishnu devotees), "must" visit a Vishnu temple twice every day in their location. Our practices are NOT some hard and fast rules framed by 1 man and his followers or God's words in somebody's dreams. All the rituals, all the practices are, in reality, well researched, studied and scientifically backed theses which form the ways of nature to lead a good healthy life.

The scientific and research part of the practices are well camouflaged as "elder's instructions" or "granny's teachings" which should be obeyed as a mark of respect so as to once again, avoid stress to the mediocre brains.

Happy Ganeshotsav

Ganesh Chaturthi is the Hindu festival celebrated on the occasion of the birthday of Lord Ganesha, the son of Shiva and Parvati, who is believed to bestow his presence on earth for all his devotees in the duration of this festival. It is the day Shiva declared his son Ganesha as superior to all the gods, barring Vishnu, Lakshmi, Shiva and Parvati. Ganesha is widely worshipped as the god of wisdom, prosperity and good fortune and traditionally invoked at the beginning of any new venture or at the start of travel.

The festival, also known as Ganeshotsav ("festival of Ganesha") is observed in the Hindu calendar month of Bhaadrapada, starting on the shukla chaturthi (fourth day of the waxing moon period). The date usually falls between 19 August and 20 September. The festival lasts for 10 days, ending on Anant Chaturdashi (fourteenth day of the waxing moon period).

Celebration, rituals and tradition

Two to three months before Ganesh Chaturthi, artistic clay models of Lord Ganesha are made for sale by specially skilled artisans. They are beautifully decorated and depict Lord Ganesha in poses. The size of these statues may vary from 3/4 of an inch to over 70 feet.

Ganesh Chaturthi starts with the installation of these Ganesh statues in colorfully decorated homes and specially erected temporary structures mandapas (pandals) in every locality. The pandals are erected by the people or a specific society or locality or group by collecting monetary contributions. The pandals are decorated specially for the festival, either by using decorative items like flower garlands, lights, etc. or are theme based decorations, which depict religious themes or current events.

The priest, usually clad in red or white dhoti and uttariyam (Shawl), then with the chanting of mantras invokes the presence of Ganesha using the statue as a channel, or body for his

energy. This ritual is the Pranapratishttha. After this the ritual called as Shhodashopachara (16 ways of paying tribute) follows. Coconut, jaggery, 21 modakas, 21 durva (trefoil) blades of grass and red flowers are offered. The statue is anointed with red unguent, typically made of kumkum and sandalwood paste. Throughout the ceremony, Vedic hymns from the Rig Veda, the Ganapati Atharva Shirsha Upanishad, and the Ganesha stotra from the Narada Purana are chanted.

Ganesha is worshiped for 10 days from Bhadrapada Shudha Chaturthi to the Ananta Chaturdashi, On the 11th day, the statue is taken through the streets in a procession accompanied with dancing, singing, and fanfare to be immersed in a river or the sea symbolizing a ritual see-off of the Lord in his journey towards his abode in Kailash while taking away with him the misfortunes of his devotees. This is the ritual known as Ganesha Visarjane in Kannada, Ganesh Visarjan in Marathi and Vinayaka Nimarjana or Vinayaka Nimajjanam in Telugu. At individual homes the Visarjan/Nimajjanam is also done on 3rd, 5th or 7th day as per the family tradition. All join in this final procession shouting "Ganapati Bappa Morya, Pudhachya Varshi Laukar ya" (O lord Ganesha, come again early next year) in Maharashtra and "Ganesh Maha Raj ki, Jai" (lord Ganesha, victory is yours) in Andhra Pradesh. After the final offering of coconuts, flowers and camphor is made, people carry the idols to the river to immerse it.

The main sweet dish during the festival is the modak (modak in Marathi, modakam/kudumu in Telugu, modaka in Kannada and modagam in Tamil). A modak is a dumpling made from rice flour/wheat flour with a stuffing of fresh or dry-grated coconut, jaggery, dry fruits and some other condiments. It is either steam-cooked or fried. Another popular sweet dish is the karanji (karjikai in Kannada) which is similar to the modak in composition and taste but has a semicircular shape.

In Andhra, kudumu (rice flour dumplings stuffed with coconut and jaggery mixture), Vundrallu (steamed coarsely grounded rice flour balls), Panakam (jaggery, black pepper and cardamom flavored drink), Vadapappu (soaked and moong lentils), Chalividi (cooked rice flour and jaggery mixture), etc., are offered to Ganesha along with Modakams. These offerings to god are called Naivedyam in Telugu.

In Andhra, Clay Ganesh (Matti Vinayakudu in Telugu) and Turmeric Ganesh (Siddhi Vinayakudu in Telugu) is usually worshiped at homes along with plaster of paris Ganesha. Public celebrations of the festival are hugely popular, with local communities (mandalas) vying with each other to put up the biggest statue and the best pandal. The festival is also the time for cultural activities like singing and theater performances, orchestra and community activities like free medical checkup, blood donation camps, charity for the poor, etc.

Today, the Ganesh Festival is not only a popular festival, it has become a very critical and important economic activity for Mumbai, Hyderabad, Bangalore and Chennai. Many artists, industries, and businesses survive on this mega-event. Ganesh Festival also provides a stage for budding artists to present their art to the public. In Maharashtra, not only Hindus but many other religions also participate in the celebration like Muslims, Jains, Christian and others. In mangalore, there is a belief that the eldest son of the home should be present during pooja.

This festival managed to re-establish the unity among the Indians during British Era.

LEARN FROM BALI, INDONESIA

Some facts that we in India must learn from Bali, Indonesia

Bali is a state of Indonesia, a secular country with the biggest Muslim population in the world. But the majority in the state of Bali, over 93 %, are Hindus. Bali is home to 4.22 million Hindus whose ancestors had to flee from other islands of Indonesia, after the great Indonesian Hindu Empire Majapahit was defeated and most of Indonesia was converted to Islam. Here are some interesting facts about Bali that every Indian Hindu must know.

1. Nyepi day, a day of total silence (mauna) once a year, when even the Ngurah Rai International Airport of Denpasar is closed from 6 am to 6 am. No cars, no traffic, no entertainment, no TV. Sit in the house, do contemplation, do prayers. Can we introduce that Nyepi Day in our noisy country?
2. The culture of Bali was begun by the Rishis of India, whose names are no longer taught in the schools of India but which are common in the schools of Bali—Markandeya, Bharadwaja, Agastya - the names we hear in the Puranas but they are part of the way the history of Bali is taught in the schools of Bali. How many Rishis can you name? Do you remember any one of the 402 names of the Rishis and Rishikas (female Rishis) from the Rig Veda (the most ancient and most sacred text of Hinduism), which are our ancestors and the forming fathers of our religion – Vaidika Sanatana Dharma?
3. The national Balinese dress for both, men and women, girls and boys, is Dhoti. No one can enter a temple without wearing a Dhoti. Except in some parts of South India, Dhoti is laughed at in India today. Why are we so ashamed of our heritage? Even most Indian priests change their dress after they are finished with the worship because they feel ashamed in a Dhoti??
4. The social, economic and political system of Bali is based on the principle of tri-hita-karana...three benevolent, beneficent principles— that every human being has three aspects ...the duty, the relationship that we have with God [Parahyangan]; the relationship that we have with human beings [Pawongan]; and the relationship that we have with nature [Palemahan] and these are the three principles on which the entire culture of Bali is built. This was all established by the Rishis whose names are just about forgotten in India which are taught in the schools of Bali.
5. Trikala Sandhya (Sun worship three times a day) is practiced in every Balinese school. The Gayatri Mantra is recited by every Balinese school child three times a day. Many of the local radio stations also relay Trikala Sandhya three times a day. Can we even think of introducing something like this to our schools in India? How many Indian Hindus are aware of their duty of Trikala Sandhya? It is as central to our religion as the 5 times Namaz is to Islam, yet?
6. In the year 1011 AD, at a place which is now known as Purasamantiga... there was the first interreligious conference of three religions: Shaiva Agama, Bauddha Agama and Baliyaga, the traditional pre-Buddhist, pre-Hindu, Balinese religion. The scholars and the leaders sat down

and worked out a system by which the three religions should work together and exchange forms with each other and that is the religion of Bali today.

7. In Bali every priest is paid by the government. Despite the fact that Indonesia is a secular country with the biggest Muslim population in the world, the priest of every religion is paid by the government so every religion is supported by the government. That is the Indonesian form of secularism. Can we even think of this in India?

8. The national motto of Indonesia “Bhinneka Tunggal Ika. One is many, many is one.” is inspired by an Indonesian Hindu scripture Sutasoma Kakavin. The complete quotation is as follows - “It is said that the well known Buddha and Shiva are two different substances; they are indeed different, yet how is it possible to recognize their difference in a glance, since the truth of Buddha and the truth of Shiva are one? They may be different, but they are of the same kind, as there is no duality in truth.” Why can’t we have “Ekam Sad Vipra Bahudha Vadanti” (The truth is one, but the wise express it in various ways – Rig Veda) as our national motto?

9. Bali is one of the world’s most prominent rice growers. Every farm has a temple dedicated to Shri Devi and Bhū Devi (Lakmi the Goddess of wealth and mother earth - the two divinities that stand on the either of side of Tirupati Bala ji in India). No farmer will perform his agricultural duties without first making offerings to Shri Devi and Bhū Devi. That is called culture, that Subak System. The agricultural and water irrigation plan for the entire country was charted in the 9th Century. The priests of a particular water temple still control this irrigation plan. And some World Bank or United Nations scientist did a computer model that would be ideal for Bali. And when they brought the model the Balinese said ‘we have been practicing this since the 9th century. What are you bringing here?’ And I don’t know how many million dollars these WTO, these World Bank people, United Nations people, spent on creating that chart which was already created in the 9th century without any computers.... and that Subak System still continues. Such systems were in place in various parts of the country. Its remnants are still visible here in India. I have visited areas where there is no water for miles due to drought, yet the well at the local temple still provides fresh water.

10. In Bali Hindus still don’t read a printed book when they perform Puja (worship). They read from a Lontar, which have traditionally been scripted by hand on palm leaf. When they recite the Ramayana Kakavin...where the book is kept, worship will be performed. There is a special ritual of lifting the sacred book, carrying it in a procession, bringing [it] to a special place, doing the bhūmi puja, worshipping the ground there and consecrating the ground, then placing the book there. Then the priest will sit and recite the Ramayana.

When I was called to Bali it was to teach and preach the Vedic teachings. But I came back with a humble realization that I have to learn more from Bali than I can actually teach them.

Facts according to Swami Veda Bharati, a great master of meditation from the Himalayan Tradition. Compilation by Madhumati. Via भारत :An Untold Story page source.

MEANING AND POWER OF GAYATRI MANTRA

Gayatri mantra has been bestowed the greatest importance in Vedic dharma. This mantra has also been termed as Savitri and Ved-Mata, the mother of the Vedas.

Om bhur bhuvah swah
Tat savitur varenyam
Bhargo devasya dheemahi
Dhiyo yo nah pracho dayat

The literal meaning of the mantra is:

O God! You are Omnipresent, Omnipotent and Almighty, You are all light. You are all Knowledge and Bliss. You are Destroyer of fear, you are Creator of this Universe, and you are the Greatest of all. We bow and meditate upon your light. You guide our intellect in the right direction.

The mantra, however, has a great scientific importance too, which somehow got lost in the literary tradition. The modern astrophysics and astronomy tell us that our Galaxy called Milky Way or Akash-Ganga contains approximately 100,000 million of stars. Each star is like our sun having its own planet system. We know that the moon moves round the earth and the earth moves round the sun along with the moon. All planets round the sun. Each of the above bodies revolves round at its own axis as well. Our sun along with its family takes one round of the galactic center in 22.5 crore years. All galaxies including ours are moving away at a terrific velocity of 20,000 miles per second.

And now the alternative scientific meaning of the mantra step by step:

OM BHUR BHUVAH SWAH:

Bhur the earth, bhuvah the planets (solar family), swah the Galaxy. We observe that when an ordinary fan with a speed of 900 RPM (rotations Per minute) moves, it makes noise. Then, one can imagine, what great noise would be created when the galaxies move with a speed of 20,000 miles per second. This is what this portion of the mantra explains that the sound produced due to the fast-moving earth, planets and galaxies is Om. The sound was heard during meditation by Rishi Vishvamitra, who mentioned it to other colleagues. All of them, then unanimously decided to call this sound Om the name of God, because this sound is available in all the three periods of time, hence it is set (permanent). Therefore, it was the first ever revolutionary idea to identify formless God with a specific title (form) called upadhi. Until that time, everybody recognized God as formless and nobody was prepared to accept this new idea. In the Gita also, it is said, "Omiti ekaksharam brahma", meaning that the name of the Supreme is Om, which contains only one syllable (8/12). This sound Om heard during samadhi was called by all the seers nada-brahma a very great noise), but not a noise that is

normally heard beyond a specific amplitude and limits of decibels suited to human hearing. Hence the rishis called this sound Udgith musical sound of the above, i.e., heaven. They also noticed that the infinite mass of galaxies moving with a velocity of 20,000 miles/second was generating a kinetic energy = $1/2 MV^2$ and this was balancing the total energy consumption of the cosmos. Hence they named it Pranavah, which means the body (vapu) or store house of energy.

TAT SAVITUR VARENYAM:

Tat that (God), savitur the sun (star), varenyam worthy of bowing or respect. Once the form of a person along with the name is known to us, we may locate the specific person. Hence the two titles (upadhi) provide the solid ground to identify the formless God, Vishvamitra suggested. He told us that we could know (realize) the unknowable formless God through the known factors, viz., sound Om and light of suns (stars). A mathematician can solve an equation $x^2+y^2=4$; if $x=2$; then y can be known and so on. An engineer can measure the width of a river even by standing at the riverbank just by drawing a triangle. So was the scientific method suggested by Vishvamitra in the mantra in the next portion as under:-

BHARGO DEVASYA DHEEMAHI:

Bhargo the light, devasya of the deity, dheemahi we should meditate. The rishi instructs us to meditate upon the available form (light of suns) to discover the formless Creator (God). Also he wants us to do japa of the word Om (this is understood in the Mantra). This is how the sage wants us to proceed, but there is a great problem to realize it, as the human mind is so shaky and restless that without the grace of the Supreme (Brahma) it cannot be controlled. Hence Vishvamitra suggests the way to pray Him as under:

DHIYO YO NAH PRACHO DAYAT:

Dhiyo (intellect), yo (who), nah (we all), pracho dayat (guide to right Direction). O God! Deploy our intellect on the right path. Full scientific interpretation of the Mantra: The earth (bhur), the planets (bhuvah), and the galaxies (swah) are moving at a very great velocity, the sound produced is Om, (the name of formless God.) That God (tat), who manifests Himself in the form of light of suns (savitur) is worthy of bowing/respect (varenyam). We all, therefore, should meditate (dheemahi) upon the light (bhargo) of that deity (devasya) and also do chanting of Om. May He (yo) guide in right direction (prachodayat) our (nah) intellect dhiyo.

So we notice that the important points hinted in the mantra are:-

- 1) The total kinetic energy generated by the movement of galaxies acts as an umbrella and balances the total energy consumption of the cosmos. Hence it was named as the Pranavah (body of energy). This is equal to $1/2 mv^2$ (Mass of galaxies x square of velocity.)
- 2) Realizing the great importance of the syllable OM, the other later date religions adopted this word with a slight change in accent, viz., Amen and Ameen.

Strength in life

The world adores strength, not weakness. Our young people should bear this in mind. If on the cricket grounds the batsman strikes fours and sixers in succession, young people applaud in great excitement, dance in delight, lift him up on their shoulders and take him in a procession in a festive ecstasy. Isn't it an adoration of strength, energy and drive? Strength, energy and drive receive universal acclaim. Purandhardasa said, "If we become weak, even our friends turn into foes!"

It is possible that every day hundreds of occurrences, incidents, and events take place which only disheartens us and make us weaker. Young people may deeply get upset by them. But let us understand that however inscrutable and disheartening life may be, the strength needed to overcome the deficiencies does exist, it is near us, it is right within us. In each individual, there exists a divine force which is beyond death and decay, which is present in everybody irrespective of caste, creed, or race. The psychologist is in a position to affirm this. The forces needed to sustain life: guidance, strength, support, inspiration, peace etc are within us. How is it, that, in spite holding in reserve within us such unlimited powers, we behave like slaves?

The first reason is ignorance. The second reason is the negative attitude that we have developed right from our childhood. Every negative emotion or thought saps the tremendous energy within and weaken us. Every affirmative and constructive thought leads us to progress and development.

Reflect on these words Vivekananda again and again and see for yourself the effect:

"Don't forget that you are the maker of your destiny. Be prepared to take every responsibility. Don't waste your time regretting the events of the past. There is unlimited future before you. Remember one important thing: all the strength and succour you want is within yourselves. Therefore, make your own future. 'Let the dead past be buried.' The infinite future is before you, and you must always remember that each word, thought and deed, lays up a store for you and that as bad thoughts and bad works are ready to spring upon you like tigers, so also there is the inspiring hope that the good thoughts, and good deeds, are ready with the power of hundred thousand angels to defend you always and forever."

Do you know that "your response to every physical sensation and external impulse produces its impression on ten thousand millions cells in your brain? This impression is lasting and it extends to every fresh response. The sum-total of these impressions is what makes your personality."

William James, a famous psychologist says, "The lord may forgive our sins but our nervous system never does."

For good or evil, you are the architect of your future. Therefore, as Samuel Smiles says, "strike up one good thought that may inspire you to do one good deed. Take up one good deed that may lead you to one good habit. Cultivate one good habit that may mould your whole conduct. From your good conduct should issue your good fortune." Would you take heed at least now?

Would you take advantage of the tremendous power latent in your mind and body which is a miraculous machine?

Then you would bring about a radical change on your life.

It's Time - Ego at 'Work'

Many in the workplace believe that together with carrying their daily lunch bags to work, they are compelled also to carry that invisible but indispensable companion – the EGO. It's a common myth that one cannot thrive, or even survive in the rat race of life and work today without it. But does our EGO truly serve us? Or are we simply a slave to it?

In fact, EGO is constantly at work, whether we are in the workplace or not. EGO is an age-old companion that has lived with us in our soul suitcase since birth. We keep it at hand for those moments of insecurity and discomfort, when the self does not feel confident or free and needs that little extra EGO boost! But our 'faithful protector', far from keeping us safe, causes a lot more harm than good.

EGO is subtle yet its offspring are not! We may not easily admit that we have EGO, but the children of EGO appear at a moment's notice and in many forms including: – Avoiding, blaming, complaining, competing, condescending, controlling, correcting, criticizing, defending, denying, desiring, disapproving, disliking, doubting, envying, escaping, fixing (others) judging, impatience, liking (some and not others), lying, possessiveness, projecting, protecting, resisting and worrying.

We may dislike our own behaviour, we may even realise that it is causing our relationships and us pain and punishment, but EGO, that foe in the guise of a friend, is not going to let go of our company easily.

Take a few moments to take off the mask of EGO and reflect. You will notice that just about everyone is dependent upon the support of their EGO for a sense of self worth and value. Externally it comes across as an air of arrogance, bossiness, aggressiveness, and superciliousness. Internally, EGO is whispering to us that we are 'better than....' or 'less than....' or even just plain worthless, none of which are true. The facade is hiding the truth even from ourselves: just as darkness is an absence of light, so too EGO is the absence of authentic self-respect.

And yet if we just had the courage to drop the mask and be who we truly are, we could easily make EGO redundant.

When I look more deeply inside I realize that I do not need to compete. I am unique, special and valuable just because I am, and not because of a title on the door, or the certificates on the wall or the trophies on the shelves. All those demonstrate my effort and enthusiasm to

excel in life, and that is wonderful, yet I am not great because of those. I am great, because I recognize I am an eternal and powerful soul-being with a special part to play.

A big fat salary cheque may be a welcome sight, but it is a mirage offering me a false sense of freedom, a quality that can only come from within when I realise that I am much greater than the size of my bank balance..

An arrogant personality is a little bit like a coconut, extremely hard and not very attractive on the outside. Peaches are more enticing. The peaches of the world are those whose self-respect allows them to present a softer, gentler face to the world, yet internally they are strong. Their inner power allows them to drop the pretence of EGO because they know their own strength and value. Peaches lead by example; they have humility and honesty and work in collaboration.

As for the coconuts – they prefer to show the world how hard they are, they rule by force rather than by consensus, and they may get things done, but are generally not very much liked.

It takes a lot of effort to crack open a coconut, but with a little bit of will and some personal effort even a coconut can become valuable: when the shell (of EGO) breaks and the goodness spills out.

It's time... to do the real work of dropping the EGO and traveling light to work! Once we have cracked open the EGO we will automatically receive our big fat salary cheque! Not the paper kind, but an income of multimillion blessings, love and good wishes from our family, friends and colleagues. In the light of the authentic self – the EGO is automatically dispelled.

DR.BK.Satyanarayan

"You are a Masterpiece"

- One of the best sermons from Sri Sri Ravi Shankar

"A plum once said, 'just because a banana lover came by, I converted myself into a banana. Unfortunately, his taste changed after a few months and so I became an orange. When he said I was bitter I became an apple, but he went in search of grapes. Yielding to the opinions of so many people, I have changed so many times that I no more know who I am. How I wish I had remained a plum and waited for a plum lover.'

Just because a group of people do not accept you as you are, there is no necessity for you to strip yourself of your originality. You need to think good of yourself, for the world takes you at your own estimate. Never stoop down in order to gain recognition. Never let go of your true self to win a relationship. In the long run, you will regret that you traded your greatest Glory - your uniqueness, for momentary validation. Even Gandhi was not accepted by many people. The group that does not accept you as YOU is not Your world.

There is a world for each one of you, where you shall reign as king /queen by just being yourself. Find that world... In fact, that world will find You.

What water can do, gasoline cannot and what copper can, gold cannot. The fragility of the ant enables it to move and the rigidity of the tree enables it to stay rooted. Everything and everybody has been designed with a Proportion of uniqueness to serve a purpose that we can fulfill only by being our unique self. You as you alone can serve your purpose and I as I alone can serve my purpose. You are here to be you... Just YOU.

There was a time in this world when a Krishna was required and he was sent; A time when a Christ was required and he was sent; a time when a Mahatma was required and he was sent; There came a time when you were required on this planet and hence you were sent. Let us be the best we can be.

In the history of the universe, there has been nobody like you and to the infinity of time to come, there will be no one like you. Existence should have loved you so much that it broke the mould after making you, so that another of your kind will never get repeated.

You are original. You are rare. You are unique. You are a wonder. You are a masterpiece. .. Your Master's piece. Celebrate your Uniqueness."

Sri Sri Ravi Shankar

Never Lose Hope.

If You Can Find Beauty In The Colors Of Small Flowers, Then You Still Have Hope.

If You Can Find Pleasure in the Movement Of A Butterfly, Then You Still Have Hope.

If The Smile Of A Child Can Still Warm Your Heart, Then You Still Have Hope.

If You Can See The Good In Other People, Then You Still Have Hope.

If The Rain Breaking On A Roof Top Can Still Lull You To Sleep, Then You Still Have Hope..

If The Sight Of A Rainbow Still Makes You Stop And Stare In Wonder, Then You Still Have Hope.

If The Soft Fur Of A Favorite Pet Still Feels Pleasant Under Your Fingertips, Then You Still Have Hope.

If You Still Offer Your Hand In Friendship To Others That Have Touched Your Life, Then You Still Have Hope.

If You Still Put the Ornaments on Your Christmas tree And Cook the Turkey, Then You Still Have Hope.

If You Still Watch Love Stories Or Want The Endings To Be Happy, Then You Still Have Hope...

If You Can Look To The Past And Smile, Then You Still Have Hope.

If When Faced With The Bad, When Told Everything Is Futile, You Can Still Look Up And End The Conversation

With The Phrase. "Yeah...BUT", Then You Still Have Hope. Hope Is A Marvelous Thing.

It Bends, It Twists, It Sometimes Hides, But Rarely Does It Break.

It Sustains Us When Nothing Else Can... It Gives Us Reason to Continue

And The Courage to Move Ahead When We Tell Ourselves That We'd Rather Give In.

Hope Puts A Smile On Our Face When The Heart Cannot Manage.

Hope Puts Our Feet On The Path When Our Eyes Cannot See It.

Hope Moves Us To Act When Our Souls Are Confused Of The Direction.

Hope Is A Wonderful Thing To Be Cherished And Nurtured, And Something That Will Refresh Us In Return.

And It Can Be Found In Each Of Us, And It Can Bring Light Into The Darkest Of Places!

What a wonderful way to explain it.

A sick man turned to his doctor as he was preparing to

Leave the examination room and said, 'Doctor, I am afraid to die.

Tell me what lies on the other side.'

Very quietly, the doctor said, 'I don't know.'

'You don't know? You're a Hindu man, and don't know what's on the other side?'

The doctor was holding the handle of the door; on the other side came a sound of scratching and whining.

And as he opened the door, a dog sprang into the room and leaped on him with an eager show of gladness.

Turning to the patient, the doctor said, 'Did you notice my dog?'

He's never been in this room before.

He didn't know what was inside.

He knew nothing except that his master was here, and when the door opened, he sprang in without fear.

I know little of what is on the other side of death, but I do know one thing...

I know my Master is there and that is enough.'

GOD DOES EXIST - The Tea Shop

A group of fifteen soldiers led by their Major Sahib were on their way to the post in Himalayas where they would be deployed for next three months. Another batch, which will be relieved, would be waiting anxiously for their arrival so that they could fall back to safer confines of their parent unit. Some would proceed on leave and meet their families. They were happy that they were to relieve a set of comrades who had done their job.

It was a treacherous climb and the journey was to last till the next evening. Cold winter with intermittent snowfall added to the torture.

If only someone could offer a cup of tea, the Major thought, knowing completely well that it was a futile wish.

They continued for another hour before they came across a dilapidated structure which looked like a small shop. It was locked.

It was 2 o'clock in the night and there was no house close to the shop where the owner could be located. In any case it was not advisable to knock any doors in the night for security reasons.

It was a stalemate. "No tea boys, bad luck" said the Major.

The Major told the men to take some rest since they had been walking for more than three hours now.

Sir, this is a tea shop indeed and we can make tea. We will have to break the lock though.

The officer was in doubt about the proposed action but a steaming cup of tea was not a bad idea. He thought for a while and permitted for the lock to be broken. The lock was broken.

They were in luck.

The place was a shop indeed and had everything required to preparing tea, and also a few packets of biscuits.

The tea was prepared and it brought great relief to all in the cold night. They were now ready for the long and treacherous walk ahead of them and started to get ready to move.

The officer was in thought. They had broken open the lock and prepared tea and consumed biscuits without the permission of the owner. The payment was due but there was no one in sight. But they are not a band of thieves. They are disciplined soldiers.

The Major didn't move out without doing what needed to be done. He took out a Rs. 1000/- note from his wallet and kept it on the counter, pressed under the sugar container, so that the owner sees it first thing when he arrives in the morning.

He was now relieved of the guilt and ordered the move.

Days, weeks and months passed. They continued to do gallantly what they were required to do and were lucky not to lose any one from the group in the intense insurgency situation.

And then one day, it was time to be replaced by another brave lot. Soon they were on their way back and stopped at the same shop, which was today open with the owner in place. He was an old man with very meager resources and was happy to see fifteen of them with the prospect of selling at least fifteen cups of tea that day.

All of them had their tea and spoke to the old man about his life and experiences in general, selling tea at such remote a location. The poor, old man had many stories to tell all of them, replete with his faith in God.

"Kya Baba, yadi Allah hota to kyaa aap ke jaisa 'Allah kaa bandaa' is haal main hota, said one of them"; moved by his poverty and faith in God.

"Nahin Sahib, aise mat kaho, God actually exists. I got the proof a few months ago.

"I was going through very tough times because my only son had been severely beaten by the terrorists who wanted some information from him which he did not have. I had closed the shop early that day and had taken my son to the hospital. There were medicines to be purchased and I had no money. No one would give me a loan from fear of the terrorists. There was no hope, Sahib.

"And that day Sahib, I had prayed to Allah for help. And Sahib, Allah walked into my shop that day.

"When I returned to my shop that day and saw the lock broken, I thought someone had broken in and had taken away whatever little I had. But then I saw that 'Allah' had left Rs. 1000/- under the sugar pot. Sahib, I can't tell you what that money was worth that day. Allah exists Sahib, He does.

"I know people are dying every day here but all of you will soon meet your near and dear ones, your children, and you must thank your God Sahib, he is watching all of us. He does exist. He walked in to my shop that day and broke open the lock to give me the money I desperately needed. I know He did it."

The faith in his eyes was unflinching. It was unnerving. Fifteen sets of eyes looked at their officer and read the order in his eyes clear and unambiguous, 'Keep quiet.'

The officer got up and paid the bill and hugged the old man.

"Yes Baba, I know, God does exist - and yes the tea was wonderful."

Fifteen pairs of eyes did not miss the moisture building in the eyes of the Major, a rare sight.

And the real truth is that any one of us can be a God to somebody.

HINDU TERRORISM - By Francois Gautier

Is there such a thing as 'Hindu terrorism', as the arrest of Sadhvi Pragya Singh Thakur for the Malegaon blasts may tend to prove? Well, I guess I was asked to write this column because I am one of that rare breed of foreign correspondents — a lover of Hindus! A born Frenchman, Catholic-educated and non-Hindu, I do hope I'll be given some credit for my opinions, which are not the product of my parents' ideas, my education or my atavism, but garnered from 25 years of reporting in South Asia (for Le Journal de Geneve and Le Figaro).

In the early 1980s, when I started freelancing in south India, doing photo features on Kalaripayattu, the Ayyappa festival, or the Ayyanars, I slowly realised that the genius of this country lies in its Hindu ethos, in the true spirituality behind Hinduism. The average Hindu you meet in a million villages possesses this simple, innate spirituality and accepts your diversity, whether you are Christian or Muslim, Jain or Arab, French or Chinese. It is this Hinduness that makes the Indian Christian different from, say, a French Christian, or the Indian Muslim unlike a Saudi Muslim. I also learnt that Hindus not only believed that the divine could manifest itself at different times, under different names, using different scriptures (not to mention the wonderful avatar concept, the perfect answer to 21st century

religious strife) but that they had also given refuge to persecuted minorities from across the world—Syrian Christians, Parsis, Jews, Armenians, and today, Tibetans.

In 3,500 years of existence, Hindus have never militarily invaded another country, never tried to impose their religion on others by force or induced conversions. You cannot find anybody less fundamentalist than a Hindu in the world and it saddens me when I see the Indian and western press equating terrorist groups like SIMI, which blow up innocent civilians, with ordinary, angry Hindus who burn churches without killing anybody. We know also that most of these communal incidents often involve persons from the same groups—often Dalits and tribals—some of who have converted to Christianity and others not. However reprehensible the destruction of Babri Masjid, no Muslim was killed in the process; compare this to the 'vengeance' bombings of 1993 in Bombay, which wiped out hundreds of innocents, mostly Hindus. Yet the Babri Masjid destruction is often described by journalists as the more horrible act of the two. We also remember how Sharad Pawar, when he was chief minister of Maharashtra in 1993, lied about a bomb that was supposed to have gone off in a Muslim locality of Bombay.

I have never been politically correct, but have always written what I have discovered while reporting. Let me then be straightforward about this so-called Hindu terror. Hindus, since the first Arab invasions, have been at the receiving end of terrorism, whether it was by Timur, who killed 1,00,000 Hindus in a single day in 1399, or by the Portuguese Inquisition which crucified Brahmins in Goa. Today, Hindus are still being targeted: there were one million Hindus in the Kashmir valley in 1900; only a few hundred remain, the rest having fled in terror. Blasts after blasts have killed hundreds of innocent Hindus all over India in the last four years. Hindus, the overwhelming majority community of this country, are being made fun of, are despised, are deprived of the most basic facilities for one of their most sacred pilgrimages in Amarnath while their government heavily sponsors the Haj. They see their brothers and sisters converted to Christianity through inducements and financial traps, see a harmless 84-year-old swami and a sadhvi brutally murdered. Their gods are blasphemed. So sometimes, enough is enough.

At some point, after years or even centuries of submitting like sheep to slaughter, Hindus—whom the Mahatma once gently called cowards—erupt in uncontrolled fury. And it hurts badly. It happened in Gujarat. It happened in Jammu, then in Kandhamal, Mangalore, and Malegaon. It may happen again elsewhere. What should be understood is that this is a spontaneous revolution on the ground, by ordinary Hindus, without any planning from the political leadership. Therefore, the BJP, instead of acting embarrassed, should not disown those who choose other means to let their anguished voices be heard.

There are about a billion Hindus, one in every six persons on this planet. They form one of the most successful, law-abiding and integrated communities in the world today. Can you call them terrorists?

Francois Gautier

GAYATRI MANTRA

GAYATRI MANTRA THE BEST DIVINE PRAYER HYMN IN THE WORLD!

SAID AMERICAN SCIENTIST Dr.HOWARD STEINGERIL

Dr.Howard Steingeril, an American scientist, collected Mantras, Hymns and invocations from all over the world and from all religions, tested their strength in his Physiology Laboratory.

He concluded that the Hindus Vedic Gayatri Mantra is the most rewarding scientifically.

That the Gayathri Mantra produced 110,000 sound waves per second. This was the highest and found it to be the most powerful prayer hymn in the world.

That the combination of sound and variation in the sound waves and its particular frequency is capable of developing specific spiritual potentialities.

The Hamburg University initiated this research into the efficacy of the Gayatri Mantra both on the mental and physical plane of CREATION...

The GAYATHRI MANTRA is now being broadcast daily for 15 minutes from 7 P.M. onwards over Radio Paramaribo, Surinam, South America for the past two years, and also in Amsterdam, Holland for the last six months

A VERY NICE STORY WITH A GOOD MORAL.

A kindergarten teacher has decided to let her class play a game.

The teacher told each child in the class to bring along a plastic bag containing a few potatoes.

Each potato will be given a name of a person that the child hates.

So the number of potatoes that a child will put in his/her plastic bag will depend on the number of people he/she hates.

So when the day came, every child brought some potatoes with the name of the people he/she hated.

Some had 2 potatoes; some 3 while some up to 5 potatoes. The teacher then told the children to carry with them the potatoes in the plastic bag wherever they go (even to the toilet) for 1 week.

Days after days passed by, and the children started to complain due to the unpleasant smell let out by the rotten potatoes. Besides, those having 5 potatoes also had to carry heavier bags. After 1 week, the children were relieved because the game had finally ended....

The teacher asked: "How did you feel while carrying the potatoes with you for 1 week?". The children let out their frustrations and started complaining of the trouble that they had to go through having to carry the heavy and smelly potatoes wherever they go.

Then the teacher told them the hidden meaning behind the game. The teacher said: "This is exactly the situation when you carry your hatred for somebody inside your heart. The stench of hatred will contaminate your heart and you will carry it with you wherever you go. If you cannot tolerate the smell of rotten potatoes for just 1 week, can you imagine what is it like to have the stench of hatred in your heart for your lifetime???"

Moral of the story:

Throw away any hatred for anyone from your heart so that you will not carry sins for a lifetime. Forgiving others is the best attitude to take!

This is Mirror Life.

The good you find in others, is in you too.

The faults you find in others are your faults as well.

After all, to recognize something you must know it.

The possibilities you see in others, are possible for you as well.

The beauty you see around you is your beauty.

The world around you is a reflection, a mirror showing you the person you are.

To change your world, you must change yourself.

To blame and complain will only make matters worse.

Whatever you care about, is your responsibility.

What you see in others shows you yourself.

See the best in others, and you will be your best.

Give to others, and you give to yourself.

Appreciate beauty, and you will be beautiful.

Admire creativity, and you will be creative.

Love and you will be loved.

Seek to understand, and you will be understood.

Listen and your voice will be heard.

Teach, and you will learn.

Show your best face to the mirror,

And you'll be happy with the face looking back at you.

FIVE FINGER PRAYER



This is beautiful - and it is surely worth making the 5 finger prayer a part of our lives.

1. Your thumb is nearest you. So begin your prayers by praying for those closest to you. They are the easiest to remember. To pray for our loved ones is, as C. S. Lewis once said, a 'sweet duty.'
2. The next finger is the pointing finger. Pray for those who teach, instruct and heal. This includes teachers, doctors, and priests. They need support and wisdom in pointing others in the right direction. Keep them in your prayers.
3. The next finger is the tallest finger. It reminds us of our leaders. Pray for the president, leaders in business and industry, and administrators. These people shape our nation and guide public opinion. They need God's guidance.
4. The fourth finger is our ring finger. Surprising to many is the fact that this is our weakest finger, as any piano teacher will testify. It should remind us to pray for those who are weak, in trouble or in pain. They need your prayers day and night. You cannot pray too much for them.
5. And lastly comes our little finger - the smallest finger of all which is where we should place ourselves in relation to God and others. As the Bhagvad Geeta says, 'The least shall be the greatest among you.' Your pinkie should remind you to pray for yourself. By the time you have prayed for the other four groups, your own needs will be put into proper perspective and you will be able to pray for yourself more effectively.

Mahatma Gandhiji's' - View on Christianity

Why I didn't become a follower of Christ?

If not for Mohandas Karamchand Gandhi, the Indian Independence struggle would have taken longer with more bloodshed, division and war.

When senior leaders of the Hindu political groups urged Gandhi to respond 'violence with violence' and 'sword with sword,' he opposed insisting and exhorting the path of non-violence and peace, which was Gandhi's' biggest sword to combat the trained and fully equipped forces.

For sure this great man is one of the most respected leaders of modern history, for not only his life, but, also his ideals and his message to the people.

Although a Hindu, Gandhi had a very close connection with Christianity and admired Jesus very much, often quoting from his favorite 'Sermon on the Mount' Chapter in Mathew 5-7.

When the missionary, E. Stanley Jones, met with Gandhi, he asked him, "Mr. Gandhi, though you quote the words of Christ often, why is that you appear to so adamantly reject becoming his follower?"

Gandhi responded, "Oh, I don't reject Christ. I love Christ. It's just that so many of you Christians are so unlike Christ!"

"If Christians would really live according to the teachings of Christ, as found in the Bible, all of India would be Christian today," he added.

Gandhi's' closeness with Christianity began when he was a young man practicing law in South Africa. Apart from being attached with the Christian faith, he intently studied the Bible and the teachings of Jesus, and was also seriously exploring becoming a Christian, which led him to his discovery of a small church gathering in his locality.

These strongly entrenched Biblical teachings have always acted a panacea to many of India's' problems during its freedom struggle. After deciding to attend the church service in South Africa, he came across a racial barrier; the church barred his way at the door.

"Where do you think you're going, kaffir?" an English man asked Gandhi in a belligerent tone.

Gandhi replied, "I'd like to attend worship here."

The church elder snarled at him, "There's no room for kaffirs in this church. Get out of here or I'll have my assistants throw you down the steps." This infamous incident forced Gandhi to never again consider being a Christian, but, rather adopt what he found in Christianity and its founder Jesus Christ.

In a speech to Women Missionaries on 28 July, 1925, he said, "...although I am myself not a Christian, as a humble student of the Bible, who approaches it with faith and reverence, I wish respectfully to place before you the essence of the Sermon on the Mount...There are thousands of men and women today who, though they may not have heard about the Bible or Jesus, have more faith and are more God fearing than Christians who know the Bible and who talk of its Ten Commandments..."

To a Christian missionary, Gandhi once said,
"To live the gospel is the most effective way most effective in the beginning, in the middle and in the end. Not just preach but live the life according to the light. If, therefore, you go on serving people and ask them also to serve, they would understand.

But, you quote instead, John 3:16 and ask them to believe it and that has no appeal to me, and I am sure people will not understand it...the Gospel will be more powerful when practiced and preached."

"A rose does not need to preach. It simply spreads its fragrance. The fragrance is its own sermon...the fragrance of religious and spiritual life is much finer and subtler than that of the rose."

In many ways Gandhi was right, the intense proselytization by Christian missionaries in India, through force and allurements, forced him to make many scathing statements against Christian missionaries, which several times inspired them to retrospect and change the way of approach in 'Evangelism.'

"If Jesus came to earth again, he would disown many things that are being done in the name of Christianity!"

Gandhi said during his meeting with an English missionary. "Here I am remembered of Sadhu Sundar Singh who is said to have done more to "indigenize" the churches of India than any figures in the twentieth century.

"You have offered us Christianity in a Western cup... Give it to us in an Eastern bowl and we will drink of it," is a famous statement by Singh, who converted from Sikhism to Christianity after his personal experience with Jesus, who appeared in his room on one morning in the year 1905, when he was just fifteen years old.

Stanley Jones once asked Gandhi: "How can we make Christianity naturalized in India, not a foreign thing, identified with a foreign government and a foreign people, but a part of the national life of India and contributing its power to India's' uplift?"

Gandhi responded with great clarity,

"First, I would suggest that all Christians, missionaries begin to live more like Jesus Christ.

Second, practice it without adulterating it or toning it down.

Third, emphasize love and make it your working force, for love is central in Christianity.

Fourth, study the non-Christian religions more sympathetically to find the good that is within them, in order to have a more sympathetic approach to the people."

"Therefore it is very important for Christians to practice Christianity among the non-believers so that they can know the real love of Lord Jesus!"

GREATEST CHRISTMAS REUNION

The brand new pastor and his wife, newly assigned to their first ministry, to reopen a church in suburban Brooklyn, arrived in early October excited about their opportunities. When they saw their church, it was very run down and needed much work. They set a goal to have everything done in time to have their first service on Christmas Eve.

They worked hard, repairing pews, plastering walls, painting, etc., and on December 18 were ahead of schedule and just about finished. On December 19 a terrible tempest - a driving rainstorm hit the area and lasted for two days.

On the 21st, the pastor went over to the church. His heart sank when he saw that the roof had leaked, causing a large area of plaster about 20 feet by 8 feet to fall off the front wall of the sanctuary just behind the pulpit, beginning about head high.

The pastor cleaned up the mess on the floor, and not knowing what else to do but postpone the Christmas Eve service, headed home. On the way he noticed that a local business was having a flea market type sale for charity so he stopped in. One of the items was a beautiful, handmade, ivory colored, crocheted tablecloth with exquisite work, fine colors and a Cross embroidered right in the center. It was just the right size to cover up the hole in the front wall. He bought it and headed back to the church. By this time it had started to snow. An older woman running from the opposite direction was trying to catch the bus. She missed it. The pastor invited her to wait in the warm church for the next bus 45 minutes later.

She sat in a pew and paid no attention to the pastor while he got a ladder, hangers, etc., to put up the tablecloth as a wall tapestry. The pastor could hardly believe how beautiful it looked and it covered up the entire problem area. Then he noticed the woman walking down the center aisle. Her face was like a sheet. 'Pastor,' she asked, 'where did you get that tablecloth?'

The pastor explained. The woman asked him to check the lower right corner to see if the initials, EBG were crocheted into it there. They were. These were the initials of the woman, and she had made this tablecloth 35 years before, in Austria the woman could hardly believe it as the pastor told how he had just gotten the Tablecloth. The woman explained that before the war she and her husband were well-to-do people in Austria. When the Nazis came, she was forced to leave. Her husband was going to follow her the next week. He was captured, sent to prison and never saw her husband or her home again.

The pastor wanted to give her the tablecloth; but she made the pastor keep it for the church. The pastor insisted on driving her home, which was the least he could do. She lived on the other side of Staten Island and was only in Brooklyn for the day for a housecleaning job. What a wonderful service they had on Christmas Eve. The church was almost full. The music and the spirit were great. At the end of the service, the pastor and his wife greeted everyone at the door and many said that they would return.

One older man, whom the pastor recognized from the neighborhood continued to sit in one of the pews and stare, and the pastor wondered why he wasn't leaving. The man asked him where he got the tablecloth on the front wall because it was identical to one that his wife had made years ago when they lived in Austria before the war and how could there be two tablecloths so much alike.

He told the pastor how the Nazis came, how he forced his wife to flee for her safety and he was supposed to follow her, but he was arrested and put in a prison. He never saw his wife or his home again all the 35 years in between.

The pastor asked him if he would allow him to take him for a little ride. They drove to Staten Island and to the same house where the pastor had taken the woman three days earlier. He helped the man climb the three flights of stairs to the woman's apartment, knocked on the door and he saw the greatest Christmas reunion he could ever imagine.

Beautiful Story illustrates, things happen for a reason

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The scientific explanation for visiting temple regularly

Very Informative and this info should make all our people believe that our ancestors were not a bunch of idiots. I APPEAL TO PEOPLE OF ALL FAITHS TO PERUSE THIS.

Well, here is a scientific explanation.....just read on.

There are hundreds of temples all over India in different size, shape and locations but not all of them are considered to be in the Vedic way.

Generally, the temples are located in a place where earth's magnetic waves pass through. In simple terms, these temples are located strategically at a place where the positive energy is abundantly available from the magnetic wave distribution of north/ South Pole thrust.

Because of its location, where high magnetic values are available, the Main Idol is placed in the center, and also because they place a copper plate written with some Vedic scripts, which is buried, beneath the Main Idol's placement known as "Garbhagriha" or Moolasthan, the copper absorbs the earth's magnetic waves and radiates to the surroundings. Thus a person, who regularly visits a temple and makes clockwise pradakshina of the Main Idol's placement, automatically receives the beamed magnetic waves which get absorbed by his body. This is very slow and a regular visit will make him absorb more energy, known as positive energy. In addition, the Sanctum Sanctorum is completely enclosed on three sides. The effect of all energies is very high in here. The lamp that is lit radiates the heat and light energy.

The ringing of the bells and the chanting of prayers gives sound energy. The fragrance from the flowers, the burning of camphor gives out chemical energy. The effect of all these energies is activated by the positive energy that comes out of the idol. This is in addition to the north/south pole magnetic energy that is absorbed by the copper plate and utensils that are kept in the Moolasthan.

The water used for the Pooja is mixed with Cardamom, Benzoin, Holy Basil (Tulsi), Clove, etc is the "Theertham". This water becomes more energized because it receives the positive-ness of all these energies combined. When persons go to the temple for Deepaaraadhana, and when the doors open up, the positive energy gushes out onto the persons who are there. The water that is sprinkled onto the people passes on the energy to all. That is the reason why, men are not allowed to wear shirts to the temple and ladies have to wear more ornaments because it is through these jewels (metal) that positive energy is absorbed in ladies. It is proved that Theertham is a very good blood purifier, as it is highly energized.

In addition, temples offer holy water (about three spoons). This water is mainly a source of magneto therapy as they place the copper water vessel at the Garbhagriha. It also contains cardamom, clove, saffron, etc to add taste and Tulsi (holy Basil) leaves are put into the water to increase its medicinal value! The clove essence protects one from tooth decay, the saffron & Tulsi leave essence protects one from common cold and cough, cardamom and benzoine known as Pachha Karpuram, acts as a mouth refreshing agents. This way, one's health too is protected, by regularly visiting Temples!

Indians are Hobbesian. (Culture of self-interest)

Corruption in India is a cultural aspect.

Indians seem to think nothing peculiar about corruption.

It is everywhere.

Indians tolerate corrupt individuals rather than correct them.

No race can be congenitally corrupt.

But can a race be corrupted by its culture?

To know why Indians are corrupt, look at their patterns and practices.

First:

Religion is transactional in India.

Indians give God cash and anticipate an out-of-turn reward.

Such a plea acknowledges that favours are needed for the undeserving.

In the world outside the temple walls, such a transaction is named- ' Dakshina' (bribe).

A wealthy Indian gives not cash to temples, but gold crowns and such baubles.

His gifts cannot feed the poor. His pay-off is for God.

He thinks it will be wasted if it goes to a needy man.

In June 2009, The Hindu published a report of Karnataka minister G. Janardhan Reddy gifting a crown of gold and diamonds worth Rs 45 crore to Tirupati.

India's temples collect so much that they don't know what to do with it.

Billions are gathering dust in temple vaults.

When Europeans came to India they built schools.

When Indians go to Europe & USA, they build temples.

Indians believe that if God accepts money for his favours then nothing is wrong in doing the same thing.

This is why Indians are so easily corruptible.

Indian culture accommodates such transactions morally.

There is no real stigma. An utterly corrupt JayaLalita can make a comeback, just unthinkable in the West.

Second -

Indian moral ambiguity towards corruption is visible in its history.

Indian history tells of the capture of cities and kingdoms after guards were paid off to open the gates, and commanders paid off to surrender.

This is unique to India.

Indians' corrupt nature has meant limited warfare on the subcontinent.

It is striking how little Indians have actually fought compared to ancient Greece and modern Europe.

The Turks' battles with Nadir Shah were vicious and fought to the finish.

In India fighting wasn't needed, bribing was enough to see off armies.

Any invader willing to spend cash could brush aside India's kings, no matter how many tens of thousands soldiers were in their infantry.

Little resistance was given by the Indians at the "Battle" of Plassey.

Clive paid off Mir Jaffar and all of Bengal folded to an army of 3,000.

There was always a financial exchange to taking Indian forts.

Golconda was captured in 1687 after the secret back door was left open.

Mughals vanquished Marathas and Rajputs with nothing but bribes.

The Raja of Srinagar gave up Dara Shikoh's son Sulaiman to Aurangzeb after receiving a bribe.

There are many cases where Indians participated on a large scale in treason due to bribery.

Question is: Why Indians have a transactional culture while other 'civilized' nations don't?

Third -

Indians do not believe in the theory that they all can rise if each of them behaves morally, because that is not the message of their faith.

Their caste system separates them.

They don't believe that all men are equal.

This resulted in their division and migration to other religions.

Many Hindus started their own faith like Sikh, Jain, Buddha and many converted to Christianity and Islam.

The result is that Indians don't trust one another.

There are no Indians in India; there are Hindus, Christians, Muslims and what not.

Indians forget that 400 years ago they all belonged to one faith.

This division evolved an unhealthy culture.

The inequality has resulted in a corrupt society,

In India everyone is thus against everyone else, except God - and even he must be bribed.

The scientific explanation for visiting temple regularly

Very Informative and this info should make all our people believe that our ancestors were not a bunch of idiots.

Well, here is a scientific explanation.....just read on.

There are hundreds of temples all over India in different size, shape and locations but not all of them are considered to be in the Vedic way.

Generally, the temples are located in a place where earth's magnetic waves pass through. In simple terms, these temples are located strategically at a place where the positive energy is abundantly available from the magnetic wave distribution of north/ south pole thrust.

Because of its location, where high magnetic values are available, the Main Idol is placed in the center, and also because they place a copper plate written with some Vedic scripts, which is buried, beneath the Main Idol's placement known as "Garbhagriha" or Moolasthan, the copper absorbs the earth's magnetic waves and radiates to the surroundings. Thus a person who regularly visits a temple and makes clockwise pradakshina of the Main Idol's placement, automatically receives the beamed magnetic waves which get absorbed by his body. This is very slow and a regular visit will make him absorb more energy, known as positive energy. In addition, the Sanctum Sanctorum is completely enclosed on three sides. The effect of all energies is very high in here. The lamp that is lit radiates the heat and light energy.

The ringing of the bells and the chanting of prayers gives sound energy. The fragrance from the flowers, the burning of camphor give out chemical energy. The effect of all these energies is activated by the positive energy that comes out of the idol. This is in addition to the north/south pole magnetic energy that is absorbed by the copper plate and utensils that are kept in the Moolasthan.

The water used for the Pooja is mixed with Cardamom, Benzoin, Holy Basil (Tulsi), Clove, etc is the "Theertham". This water becomes more energized because it receives the positive-ness of all these energies combined. When persons go to the temple for Deepaaraadhana, and when the doors open up, the positive energy gushes out onto the persons who are there. The water that is sprinkled onto the people passes on the energy to all. That is the reason why, men are not allowed to wear shirts to the temple and ladies have to wear more ornaments because it is through these jewels (metal) that positive energy is absorbed in ladies. It is proved that Theertham is a very good blood purifier, as it is highly energized.

In addition, temples offer holy water (about three spoons). This water is mainly a source of magneto therapy as they place the copper water vessel at the Garbhagriha. It also contains cardamom, clove, saffron, etc to add taste and Tulsi (holy Basil) leaves are put into the water to increase its medicinal value! The clove essence protects one from tooth decay, the saffron & Tulsi leaf essence protects one from common cold and cough, cardamom and benzoin known as Pachha Karpuram, acts as a mouth refreshing agent. This way, one's health too is protected, by regularly visiting Temples!

When I say good morning I mean to say:

G-od

O-ffers us His

O-utstanding
D-evotion to
M-ake us
O-bedient &
R-eady for a
N-ew day with Him.
I-nspire others please, and
N-ever forget
G-od loves you!

Pray regularly

There is a story of about a sea captain who in his retirement skippered a boat taking day-trippers to Shetland Islands. On one trip, the boat was full of young people.

They laughed at the old captain when they saw him say a prayer before sailing out, because the day was fine and the sea was calm.

However they weren't long at sea when a storm suddenly blew up and the boat began to pitch violently. The terrified passengers came to the captain and asked him to join them in prayer.

But he replied, "I say my prayers when it's calm. When it's rough I attend to my ship."

Here is a lesson for us:

If we cannot and will not seek God in quiet moments of our lives; we are not likely to find Him when trouble strikes. We are more likely to panic. But if we have learnt to seek Him and trust Him in quiet moments, then most certainly we will find Him when the going gets rough.

The scientific explanation for visiting Temples regularly

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PRAYING FOR YOU

I told GOD: Let all my friends be healthy and happy forever....!

GOD said: But for 4 days only....!

I said: Yes, let them be a Spring Day, Summer Day, Autumn Day, and Winter Day.

GOD said: 3 days...

I said: Yes, Yesterday, Today and Tomorrow.

GOD said: No, 2 days!

I said: Yes, a Bright Day (Daytime) and Dark Day (Night-time).

GOD said: No, just 1 day!

I said: Yes!

GOD asked: Which day?

I said: Every Day in the living years of all my friends!

GOD laughed, and said: You INDIANS know how to negotiate. But since you are praying and asking happiness for your friends, I can't refuse. I love everyone who thinks of others first, so don't you worry...All your friends will be healthy and happy Every Day!

There once was a little boy who wanted to meet God. He knew it was a long trip to where God lived, so he packed his suitcase with cupcakes, several cans of root beer and started on his journey.

When he had gone about three blocks, he saw an elderly woman. She was sitting on a park bench watching the... pigeons. The boy sat down next to her and opened his suitcase. He was about to take a drink from his root beer when he noticed the lady looked hungry so he offered her a cupcake. She gratefully accepted and smiled at him.

Her smile was so wonderful that he wanted to see it again, so he offered a root beer as well. Once again she smiled at him. The boy was delighted!

They sat there all afternoon eating and smiling without saying a word.

As it began to grow dark, the boy realized how tired he was and wanted to go home. He got up to leave but before he had gone no more than a few steps, he turned around and ran back to the old woman, giving her a big hug. She gave him her biggest smile ever.

When the boy arrived home his Mother was surprised by the look of joy on his face. She asked, what has made you so happy today He replied, I had lunch with God. Before his mother could respond he added, you know what she's got the most beautiful smile in the whole world!

Meanwhile, the old woman, also radiant with joy, returned to her home. Her son was stunned by the look of peace on her face. He asked, Mother, what has made you so happy today she replied, I ate cupcakes in the park with God. And before her son could reply, she added, you know, he is much younger than I expected.

Too often we UNDERESTIMATE the POWER of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring; ALL of which HAVE the POTENTIAL to TURN a LIFE around.

People come into our lives for a REASON, a SEASON, or a LIFETIME. TAKE no one for GRANTED and EMBRACE all equally with JOY!

India and Bharat - Naming a Nation

INDIA

The Land of a Million Contradictions,
The Land of a Billion representatives of Humanity,
The Land of the Oldest Existing Civilization on the Planet!

What is it about this land that fills one with a sense of Enigma??? The very name conjures up vivid images of contrasting Geographies and colorful Traditions..

The Sub-continent where some of the Greatest religions of the World originated,
The Nation which created History by attaining Freedom through Non-Violent means,
The Economy which is the 4th largest in the world in terms of Purchasing Power Parity,
The Land supporting a Multi-lingual, Multi-ethnic, Multi-cultural and yet Functional Democracy!

Home to over a billion people, India is where people live with variety, thrive on diversity and are too familiar with largeness of it all to let it boggle them. As the Sun God Surya enters Northern Hemisphere (Uttarayan) today, it inspires us all to move away from darkness and towards light. In different parts of the country, we are celebrating Lohri/Makar Sankrant/Pongal and Bihu -One festival, many names- Just like our nation.

In a previous post, (Genetics of the Wandering Indian), I talked about the morphological distinctness of Indians hiding genetically identical constitutions. The same plurality has been preserved in the variety of names that we possess and I am suddenly inclined to explore the history behind them..

NAMING A NATION

Our country has two official names - INDIA and BHARAT. The Persians and Arabs used yet another name for the country. Hindustan/Al Hind and since Persian has played a big part in

the development of our National language Hindi, the term Hindustan is also used in common parlance today.

Both Hindustan and India however, are derived from the name of the river Indus which marked the Western boundary of India for travelers. Indus again is derived from the Sanskrit name Sindhu and both the terms have been in use since at least 5th century BC.

However, these are the names given to us by travelers and traders. What did the indigenous people of ancient India refer to their country as?? India/Bharat/Hindustan/Al Hind

I was fascinated by this question and tried to look into all the scriptural data I could lay my paws on. NOT surprisingly, I found plurality here as well.

The Indus-Saraswati people extended in the West from the Afghanistan-Pakistan border right upto Yamuna in the East and Gujarat in the South. This region, especially the land between Saraswati and Ganga rivers was known as Aryavarta or the Land-of-the-Noble, while the Mesopotamians called this place Meluha.

But again, this was an appellation for a particular region of the country and not the entire Indian sub-continent. Aryavarta/Meluha/Northern India

Delving further into the research, I quite literally stumbled onto the legend of an ancient ruler, Emperor Agnidhra, the son of the FIRST MAN Manu who is believed to have ruled over the ENTIRE globe.

While retiring, Agnidhra divided his kingdom (aka the entire planet) into 9 Continents or Divisions handing them over to his 9 sons to rule. Thus, the peninsular stretch spreading from Himalayas to the Ocean, came under the supervision of his eldest son Nabhi, thereby giving us the oldest appellation of our land - the NABHI-VARSHA. Nabhi Varsha/Tenjiku/Navel of the World

As most of you would know, the term Nabhi refers to the 'Navel' in Sanskrit and thus Nabhi varsha could easily be translated as the 'Central Region'. Interestingly, the Japanese name for India was Tenjiku. Tian, the root word, means "Heaven", while, jiku, means: "The center of", translating it to "The Heavenly Center of the World".

So I managed to find the oldest name of our sub-continent as per the scriptures. But then, I wondered, where and how did the name BHARAT come from??

India and Bharat

According to at least half a dozen different scriptures, our country is called BhArat as a mark of respect to the legendary Emperor, Chakravarti Raja Bharat.

This fact has been attested by the Vishnu Puran (2,1,31), Vayu Puran (33,52), Ling Puran (1,47,23), Brahmand Puran (14,5,62), Agni Puran (107,11-12), Skanda Puran (37,57) and Markandeya Puran (50,41)!! For example, Vishnu Puraan states

उत्तरं यत्समुद्रस्य हिमाद्रेश्चैव दक्षिणम् ।
वर्षं तद् भारतं नाम भारती यत्र संततिः ॥

The country lying North of the Ocean and South of the snowy mountains is called Bhārat; There dwell the descendants of Bharat. Bharat Varsha extending from Himalayas to the Ocean

Now, there are again TWO very interesting stories about this ONE name and I'm gonna share both of them with you today.

The Legends of Bharat

The FIRST legend about the name again begins with Emperor Nabhi, the grandson of Manu, whom we encountered above. According to various Hindu as well as Jain scriptures, Nabhi-dev was married to Meru-devi, the daughter of Indra, and their eldest son was the Saint-King Rishabh Dev.

Now, RISHABH Dev was the first Tirthankar according to the Jain tradition and I should mention here that Srimad Bhagavatam also counts Him as 8th of the 24 Incarnations of Lord Vishnu. According to the Bhagavatam, He was born to show the people of this world the path of salvation.

Adinath Rishabdev

It was He who laid down the foundations of Civilization and advised people to follow the path of spiritual bliss, instead of indulging in a life of worldly pleasures and enjoyment.

Now, Rishabh Dev had many sons, and the eldest two from his two wives were Bharat and Bahubali. The two sons were competing for the illusive title of Chakravarti (Emperor-of-Entire-World) but Bharat was the natural winner and as per the scriptures, it is THIS Bharat after whom our country is named. In Hymns 2.1.31 and 2.1.32, the Vishnu Puraan states-

Rishabh was born to Merudevi, Bharat was born to Rishabh, Bharatvarsha was named from Bharat, and Sumati arose from Bharat. [2.1.31]

This country is known as Bharatavarsha, Since the time the father entrusted the Kingdom to the son, And himself went to the forest for ascetic practices. [2.1.32]

Talking of Ascetic Practises, it has been observed, that a lot of Indus-Saraswati Civilization seals show Yogic postures on them, which BTW highlights the continuity of Yogic practice in India since at least 5000 years ago. The most famous of these of course is the Pashuapatinath Seal which has been identified with Lord Shiva.

Shiva likeYogi on an Indus Valley Seals Three-faced Pashupatinath Seal

However, there are certain seals that also show the Yogic position called Kayotsarga, traditionally described in connection with the penance of Rishabh-dev. It may very well be that the seals record the histories of Jain Tirthankars as much as the Hindu Gods as ultimately both belong to the same Spiritual Tradition!!

The Second Legend of Bharat

The SECOND legend of Bharat, brings us into more familiar territory, probably due to the wider reach and popularity of the Epic containing it, the Mahabharat.

The story begins with Rishi Vishwamitra, one of the Seven Great Seers of Hindu Mythology. The rishis's penance worried Indra sufficiently enough to make him send Menka, the most beautiful Apsara in heaven, to distract the sage.

The result of their dalliance was Shakuntala who got married to King Dushyant of the ruling Lunar Dynasty. Their story is the stuff of a typical Bollywood movie and has been immortalized in Sanskrit in Kalidasa's poetic rendition and in art by one of the most celebrated Indian artists Raja Ravi Varma.

Shakuntala by Raja Ravi Varma

Dushyant and Shakuntala's son was called Sarvadaman, the subduer-of-all by the caretakers, because even as a child he used to play with lion cubs and other ferocious animals of the jungle! Nevertheless, this subduing child of Shakuntala was renamed Bharat as he was 'cherished by all' in his father's kingdom.

By the time he grew up, he could subjugate lions and tigers with his bare hands, a feat which is remarkable and is mentioned MORE than once in various scriptures.

Interestingly, there's again an Indus-Saraswati Seal that matches the description of Bharat subduing two tigers with his bare hands! The scene may or may not refer to Shakuntala's son, but its iconography is certainly suggestive.

Indus Valley Seal probably depicting Bharat

I firmly believe that these seals when deciphered, would be an extremely valuable and AUTHENTIC source of our ancient History!!

Bharat grew up to be a great warrior and a Chakravarti Raja who conquered and united the entire continent of India again, spreading right from the Ocean to the Himalayas, thus giving the country his name.

This appellation for the country was well noted in the ancient world as well. From the perspective of the Malaysians, Indians were the most common visitors from the West, therefore the word Barat was absorbed into Malay language meaning "West".

For the Middle Eastern traders, particularly Arabs and Turks, spices were the most common materials coming from the East. Therefore, some scholars believe, the term Bharat was borrowed first into Arabic as Baharat (meaning - spices); and then into the Turkish as Baharat with the same meaning.

It is fortunate that the two BHARATs of our History who gave their name to the Nation were called the same; otherwise one of them could have quite easily been forgotten like the Emperor Nabhi!! We should therefore understand BhArat to mean not just the 'Land-of-Bharat' but the "Land of Bharats" instead;

Bharatvarsha, the Land of Bharats

I have heard from various people the view that we Indians have always been fighting with each other and it was the British who actually turned us into a NATION! To the supporters of this belief, I just urge them to read their scriptures and understand their own heritage.

There is no FUTURE for any nation, when you do not remember you PAST.

I hope I was able to share with you some interesting facts about our Origin as a Country and I'll conclude with one of the most optimistic poems ever by Gurudev Rabindranath Thakur-

**Where the Mind is without Fear and the Head is held high,
Where Knowledge is Free,
Where the World has not been broken into fragments by narrow domestic walls;
Where words come out from the depth of Truth,
Where tireless striving stretches its arms towards Perfection;
Where the clear stream of Reason has not lost its Way into the dreary desert sand of dead habit;
Where the mind is led forward by Thee, into ever-widening Thought and Action,
Into that Heaven of freedom, My Father, Let my Country awake.**

Aum Shanti: Shanti: Shanti: Courtesy : Decoding Hindu Mythology

We have 26 alphabets in English, as given below?

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26

With each alphabet getting a number, in chronological order, as above, study the following, and bring down the total to a single digit and see the result yourself

Hindu

Shree Krishna

$$19+8+18+5+5+11+18+9+19+8+14+1=135=9$$

Muslim

Mohammed

$$13+15+8+1+13+13+5+4=72=9$$

Jain

Mahavir

$$13+1+8+1+22+9+18=72=9$$

Sikh

Guru Nanak

$$7+21+18+21+14+1+14+1+11=108=9$$

Parsi

Zarathustra

The next day the sweeper took the position of the deity and a rich man came and prayed to the Lord. He offered a nice donation and prayed that his business should be prosperous. While going, the rich man inadvertently left his wallet full of money right there. Now the sweeper in the form of deity could not call him and so he decided to control himself and keep quiet.

Just then a poor man came and he put one coin in the donation box and said that it was all he could afford and he prayed to the Lord that he should continue to be engaged in the Lord's service. He also said that his family was in dire need of some basic needs but he left it to the good hands of the Lord to give some solution. When he opened his eyes, he saw the wallet left by the rich man. The poor man thanked the Lord for His kindness and took the wallet very innocently. The sweeper in the form of the Deity could not say anything and he had to just keep smiling.

At that point a sailor walked in. He prayed for his safe journey as he was going on a long trip. Just then the rich man came with the police and said that somebody has stolen his wallet and seeing the sailor there, he asked the police to arrest him thinking that he might have taken it. Now the sweeper in the form of Deity wanted to say that the sailor is not the thief and he could not say and he was greatly frustrated. The sailor looked at the Lord and asked why he an innocent person is being punished. The rich man looked at the Lord and thanked Him for finding the thief. The sweeper in the deity form could no more tolerate and he thought that even if the real Lord had been here, he would have definitely interfered and hence he started speaking and said that the sailor is not the thief but it was the poor man who took away the wallet. The rich man was very thankful as also the sailor.

In the night, the real Lord came and He asked the sweeper how the day was. The sweeper said, "I thought it would be easy, but now I know that your days are not easy, but I did one good thing." Then he explained the whole episode to the Lord. The Lord became very upset on hearing this whereas the sweeper thought the Lord would appreciate him for the good deed done.

The Lord asked, "Why did you not just stick to the plan? You had no faith in Me. Do you think that I do not understand the hearts of all those who come here? The entire donation which the rich man gave was all stolen money and it is only a fraction of what he really has and he wants me to reciprocate manifold. The single coin offered by the poor man was the last coin he was having and he gave it to me out of faith. The sailor might not have done anything wrong, but if the sailor were to go in the ship that night he was about to die because of bad weather and instead if he is arrested he would be in the jail and he would have been saved from a greater calamity. The wallet should go to the poor man because he will use it in my service. I was going to reduce the rich man's karma also by doing this and save the sailor also. But you cancelled everything because you thought you know my plan and you made your own plans."

"No," he answered sarcastically. "I've just come from dining with the president. Now go away."

The woman's smile became even broader. Suddenly the man felt a gentle hand under his arm.

"What are you doing, lady?" the man asked angrily. "I said to leave me alone."

Just then a policeman came up. "Is there any problem, ma'am?" he asked..

"No problem here, officer," the woman answered. "I'm just trying to get this man to his feet. Will you help me?"

The officer scratched his head. "That's old Jack. He's been a fixture around here for a couple of years. What do you want with him?"

"See that cafeteria over there?" she asked. "I'm going to get him something to eat and get him out of the cold for a while."

"Are you crazy, lady?" the homeless man resisted. "I don't want to go in there!" Then he felt strong hands grab his other arm and lift him up. "Let me go, officer. I didn't do anything."

"This is a good deal for you, Jack" the officer answered. "Don't blow it.."

Finally, and with some difficulty, the woman and the police officer got Jack into the cafeteria and sat him at a table in a remote corner. It was the middle of the morning, so most of the breakfast crowd had already left and the lunch bunch had not yet arrived.

The manager strode across the cafeteria and stood by his table. "What's going on here, officer?" he asked. "What is all this, is this man in trouble?"

"This lady brought this man in here to be fed," the policeman answered.

"Not in here!" the manager replied angrily. "Having a person like that here is bad for business."

Old Jack smiled a toothless grin. "See, lady. I told you so. Now if you'll let me go. I didn't want to come here in the first place."

The woman turned to the cafeteria manager and smiled..... "Sir, are you familiar with Eddy and Associates, the banking firm down the street?"

"Of course I am," the manager answered impatiently. "They hold their weekly meetings in one of my banquet rooms."

"And do you make a godly amount of money providing food at these weekly meetings?"

"What business is that of yours?"

I, sir, am Penelope Eddy, president and CEO of the company."

"Oh."

The woman smiled again. "I thought that might make a difference." She glanced at the cop who was busy stifling a giggle. "Would you like to join us in a cup of coffee and a meal, officer?"

"No thanks, ma'am," the officer replied. "I'm on duty."

"Then, perhaps, a cup of coffee to go?"

"Yes, ma'am. That would be very nice."

The cafeteria manager turned on his heel, "I'll get your coffee for you right away, officer."

The officer watched him walk away. "You certainly put him in his place," he said.

"That was not my intent. Believe it or not, I have a reason for all this."

She sat down at the table across from her amazed dinner guest. She stared at him intently..

"Jack, do you remember me?"

Old Jack searched her face with his old, rheumy eyes. "I think so -- I mean you do look familiar."

"I'm a little older perhaps," she said. "Maybe I've even filled out more than in my younger days when you worked here, and I came through that very door, cold and hungry."

"Ma'am?" the officer said questioningly. He couldn't believe that such a magnificently turned out woman could ever have been hungry.

"I was just out of college," the woman began. "I had come to the city looking for a job, but I couldn't find anything. Finally I was down to my last few cents and had been kicked out of my apartment. I walked the streets for days. It was February and I was cold and nearly starving. I saw this place and walked in on the off chance that I could get something to eat."

Here is something interesting comparison and shows the difficulty in translations.

Re: The trouble with Sanskrit being translated by Westerners (Sheldon Pollock, Ramanujam and more.....)

When I was a school boy, my Sanskrit teacher used to ask us what is the exact English word for "Punyam".

Sin is the exact English word for Papam, but there is no exact English word for Punyam.

This is because of their Christian religion where there are only Sinners in their Holy Bible.

Swami Vivekananda used to address his devotees as "amruthasya Putraa:"

Whereas the Christian fathers used to address as "Yeh Sinners"

Culture depends upon one's religion also.

XX

Why go to the Temple?

If you're spiritually alive, you're going to love this!

If you're spiritually dead, you won't want to read it.

If you're spiritually curious, there is still hope!

Why Go To The Temple?



A 'devotee' wrote a letter to the editor of an Indian newspaper and complained that it made no sense to go to the Temple . 'I've gone for 30 years now, he wrote, and in that time I have heard something like 3,000 mantras.

But for the life of me, I can't remember a single one of them. So, I think I'm wasting my time and the Gurus are wasting theirs by giving services at all.

This started a real controversy in the 'Letters to the Editor' column, much to the delight of the editor. It went on for weeks until someone wrote this clincher: I've been married for 30 years now. In that time my wife has cooked some 32,000 meals.

But, for the life of me, I cannot recall the entire menu for a single one of those meals. But I do know this... They all nourished me and gave me the strength I needed to do my work.

If my wife had not given me these meals, I would be physically dead today. Likewise, if I had not gone to the Temple for nourishment, I would be spiritually dead today!

When you are DOWN to nothing.... God is UP to something! Faith sees the invisible, believes the incredible and receives the impossible!

Thank God for our physical AND our spiritual nourishment!

Om Vighneswaraya Namah !

You gave me strength to carry on,
When my body was so torn. And lifted me on wings of love, When my spirit was so worn.

Through all the times when in despair, When I hung my head in shame. You came to me when I knelt down, As I called upon your name.

And when my heart was troubled,
With more heartache than I could bear. You caught each and every tear I shed,
In a bottle you have up there.

And when I get to heaven,
I'll kneel before your feet.
You'll wipe away all my tears,
For my soul is yours to keep.

PURPOSE OF TEMPLE VISITS

(This is relevant to all of us)

There are thousands and thousands of temples all over India in different size, shape and locations but not all of them considered to be in the Vedic way.

Generally the temples are located in a place where earth's magnetic wave path densely passes through. It can be in the outer skirt of the town/village or city,... even in middle of the dwelling place, or on a hilltop. The essence of visiting a temple is considered here. For every

Srivaishnava, it is a must to pay a visit twice every day to the Vishnu Temples in their locations.

In simple terms, these temples are located strategic to a place where the positive energy is abundantly available from the magnetic wave distributions of north/south pole thrust.

Because of its location where high magnetic values are available, the Main Idol is placed in the core center, and also because they place a copper plate written with some Vedic scripts, which is buried, beneath the Main Idol's placement known as "Garbhagriha" or Moolasthan, the copper absorbs the earth's magnetic waves and radiates to the surroundings.

Thus a person who regularly visiting a temple and taking clockwise rounds of the Main Idol's placement, automatically receive the beamed magnetic values absorbed in his body. This is very slow and a regular visit will make him absorb more energy. What scientifically it is known is positive energy.

In addition, the Sanctum sanctorum is completely enclosed on three sides. The effect of all energies is very high in here.

The lamp that is lit radiates the heat and light energy. The ringing of the bells and the chanting of prayers gives the sound energy. The fragrance from the flowers, the burning of camphor give out the chemical energy.

The effect of all these energies is activated by the positive energy that comes out of the idol. This is in addition to the north/south pole magnetic energy that is absorbed by the copper plate and utensils that are kept in the Moolasthan known as grabagraham.

The water is used for the Pooja is mixed with Cardamom, Benzoin, Holy Basil (Tulsi), Clove, etc. are mixed that is known as "Theertham". This water becomes more energized because it receives the positiveness of all these energies combined.

When persons go to the temple for the Deepaaraadhana, and when the doors open up, the positive energy gushes out onto the persons who are there. The water that is sprinkled onto the people passes on the energy to all. That is the reason why, men are not allowed to wear shirts to the temple and ladies have to wear more ornaments because it is through these jewels (metal) that positive energy is absorbed in ladies. It is proved that Theertham is a very good blood purifier, as it is highly energized. Hence it is given as prasadam to the devotees

Lost energy in a days work is regained this way and one gets being refreshed slightly. The positive energy that is spread out in the entire temple and especially around where the main idol is placed, are simply absorbed in one's body and mind, for those who take a regular clock-wise round circle every day.

In addition at the temples they offer holy water about three spoons. This water is mainly a source of magneto therapy kind because usually they place the copper water vessel at the Garbhagriha. It also contains the values of cardamom, clove, saffron, etc to add taste and Tulsi (holy Basil) leaves are put into the water to increase its medicinal value! The clove essence protects one from tooth decay, the saffron & Tulsi leave essence protects one from common cold and cough, cardamom and benzoine known as Pachha Karpuram, acts as a mouth refreshing agents! This way, one's health too is protected, by regularly visiting the Temples .

The entire thing just become more energized locally, that the visit and consuming the holy water and the other offerings are worth for the visitor's health and longevity.

Apart from the above facts, each and every round taken in the temple is just simply burning fats in human body and in those days people regularly visited temples and never used to get sugar complaints/diabetic! In addition to it the Vedic chanting helps visitors some refreshing feeling in body and mind thus achieving mental peace, which is the ultimate aim of every soul.

And in those days, it was quite rare, you'll see persons with Sugar level high in their blood. In fact, the regular round trip to the temple itself protects one from increasing sugar levels.

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